



## CURODONT™ REPAIR FLUORIDE PLUS

### Biomimetic system for Guided Enamel Remineralization of early caries

#### HOW TO APPLY CURODONT™ REPAIR FLUORIDE PLUS

- 1 Perform oral prophylaxis and finish with a coarse prophylaxis paste (with or without fluoride), pumice, or air polisher to eliminate all organic matter and the salivary pellicle. Unwaxed dental floss must be used to distribute prophylaxis paste/pumice through the proximal surface.
- 2 Rinse thoroughly and dry.
- 3 Apply 35% phosphoric acid to the surface of the early carious lesion for 20 seconds and then rinse thoroughly. Unwaxed dental floss must be used to distribute it over the proximal surface.
- 4 Isolate the treatment area (cotton rolls, dry angle, etc). The use of a rubber dam is not necessary.
- 5 Activate the CURODONT™ REPAIR FLUORIDE PLUS applicator, remove the black clip, and plunge the sponge into the liquid reservoir. Let the sponge soak in the liquid for at least 10 seconds, then withdraw the saturated sponge.
- 6 Squeeze the sponge on the treatment area to draw as much liquid as possible on/near the surface of the early carious lesion; a 'painting' motion is not recommended.  
\*Important: Only the sponge applicator must be used. The solution cannot be transferred to other applicators.
- 7 Wait for 5 minutes, using the saliva ejector as needed. Do not rinse during this time. The patient can semi-close his/her mouth if needed. Use this time to provide routine instructions and emphasize the need to maintain good oral hygiene.
- 8 Discharge the patient, instructing them not to eat, drink, or rinse for 30 minutes.

#### ADDITIONAL INFORMATION

- As an additional option you can use 2% Sodium Hypochlorite to remove any salivary pellicle.
- 35-37% phosphoric acid is acceptable.
- Use one applicator for 1-3 lesions, depending on the size and depth of the lesion.
- If on adjacent proximal surfaces, the same applicator may be used for both lesions at once.
- Fluoride varnish can be applied after the 5-minute isolation period.
- While it can be applied immediately after a bleaching/whitening treatment in the same appointment, it is recommended to wait 2 weeks post treatment to schedule a bleaching appointment, in order to maximize the benefits of CURODONT™ REPAIR FLUORIDE PLUS.



Scan the QR code to access the CURODONT™ REPAIR FLUORIDE PLUS application videos and other educational materials

# vVARDIS

SWITZERLAND

BIOMIMETIC DENTAL SCIENCE



## CURODONT™ PROTECT Anti-cavity & Anti-sensitivity Dental Gel

### HOW TO APPLY CURODONT™ PROTECT IN-OFFICE

CURODONT™ PROTECT is quick and easy to apply with the help of a rubber polisher, interdental brush, or a micro-brush.

Before professional cleaning/bleaching or any invasive treatment

Apply 2 minutes before the dental procedure to reduce sensitivity and discomfort during the visit.

After treatment with  
CURODONT™ REPAIR FLUORIDE PLUS

Wait for 5 minutes and apply on treated areas and on the rest of the teeth.

### HOW TO APPLY CURODONT™ PROTECT AT HOME

CURODONT™ PROTECT can be applied with a toothbrush, interdental brush, or a clean finger.

After treatment with  
CURODONT™ REPAIR FLUORIDE PLUS

Once a day, after brushing at bedtime, for 1 week or until the tube is finished.

For caries prevention

Twice a week, after brushing at bedtime.

For sensitivity relief

One or more times a day until the pain subsides.

**Please note:** The gel must be allowed to stay on the teeth undisturbed for 1-2 minutes before spitting out the residue, if any. This should not be followed by rinsing to maintain the contact of the gel with the teeth for as long as possible.

### MAXIMIZE OUTCOMES WITH THE vVARDIS CURODONT™ SYSTEM FOR WATCH AREAS MANAGEMENT

**Treat** with  
CURODONT™ REPAIR FLUORIDE PLUS  
in-office



**Maintain & Protect** with  
CURODONT™ PROTECT  
in-office and/or at-home