

V VARDIS

SWITZERLAND

BIOMIMETIC DENTAL SCIENCE

CURODONT™ REPAIR FLUORIDE PLUS Anticavity Therapy via Guided Enamel Remineralization



DIRECTIONS FOR USE

HOW TO APPLY CURODONT™ REPAIR FLUORIDE PLUS

- 1 Perform oral prophylaxis and finish with a coarse prophylaxis paste (with or without fluoride), pumice, or air polisher to eliminate all organic matter and the salivary pellicle. **Unwaxed** dental floss must be used to distribute prophylaxis paste/pumice through the proximal surface.
- 2 Rinse thoroughly and dry.
- 3 Apply 35% phosphoric acid to the surface of the early carious lesion for 20 seconds and then rinse thoroughly. **Unwaxed** dental floss must be used to distribute it over the proximal surface.
- 4 Isolate the treatment area (cotton rolls, dry angle, etc). The use of a rubber dam is not necessary.
- 5 Activate the CURODONT™ REPAIR FLUORIDE PLUS applicator, remove the black clip, and plunge the sponge into the liquid reservoir. Let the sponge soak in the liquid for at least 10 seconds, then withdraw the saturated sponge.
- 6 Squeeze the sponge on the treatment area to draw as much liquid as possible on/near the surface of the early carious lesion; a 'painting' motion is not recommended.
**Important:* Only the sponge applicator must be used. The solution cannot be transferred to other applicators.
- 7 Wait for 5 min, using the saliva ejector as needed. Do not rinse during this time. The patient can semi-close his/her mouth if needed. Use this time to provide routine instructions and emphasize the need to maintain good oral hygiene.
- 8 Discharge the patient, instructing them not to eat, drink, or rinse for 30 minutes.

ADDITIONAL INFORMATION

- As an additional option you can use 2% Sodium Hypochlorite to remove salivary pellicle.
- 35-37% phosphoric acid is acceptable.
- Use one applicator for 1-3 lesions, depending on the size and depth of the lesion.
- If on adjacent proximal surfaces, the same applicator may be used for both lesions at once.
- Fluoride varnish can be applied after the 5-minute isolation period.
- It can be applied directly after bleaching/whitening treatment.
- Allow 2 weeks post treatment to bleach/whiten teeth. Whitening toothpastes are acceptable.